

# GFWC WOMAN'S CLUB OF NEW TAMPA



## DECEMBER 2022 NEWSLETTER

### Executive Board 2022-2023

#### President

Pam Anderson

[pjahappy54@gmail.com](mailto:pjahappy54@gmail.com)

#### VP Programs & Projects

Joyce Mathisen

[jmathisengfwc@gmail.com](mailto:jmathisengfwc@gmail.com)

#### VP Membership

Lisa Sklet

[lisklet1@gmail.com](mailto:lisklet1@gmail.com)

#### VP Communications

Tammy Griffith

[tgriffith@mail.com](mailto:tgriffith@mail.com)

#### Treasurer

Joyce Mathisen

[jmathisengfwc@gmail.com](mailto:jmathisengfwc@gmail.com)

#### Parliamentary Advisor

Theresa Bogushefsky

[tbogushefsky@verizon.net](mailto:tbogushefsky@verizon.net)

#### Club Address

GFWC Woman's Club

Of New Tampa

PO Box 46043

Tampa FL 33646

[www.facebook.com/GFWCWomansClubOfNewTampa](https://www.facebook.com/GFWCWomansClubOfNewTampa)

[womansclubnewtampa@gmail.com](mailto:womansclubnewtampa@gmail.com)

[gfwcwomansclubnewtampa.com](http://gfwcwomansclubnewtampa.com)

[GFWCFlorida.org](http://GFWCFlorida.org)



*Tis the Season!* We certainly jumped right into the season with the cookie exchange at our November member meeting...so many yummy cookies!! Joyce Mathisen is compiling the cookie recipes in a printed format – look for it at our Holiday Party! Mary Jones gave us excellent strategies for planning a holiday dinner party; along with a challenge to host a dinner using her tips and recipes... has anyone risen to the challenge??? Let us know how it turned out!! And THANK YOU to all who brought in toys and gifts to be donated to Joshua House. These items were personally delivered to Joshua House by Lisa Sklet – Thank you, Lisa!

We started December off “Merry and Bright” with our visit to Colonial Assisted Living Facility on December 5<sup>th</sup>. Nine club members enjoyed singing carols with the residents, playing holiday trivia, and serving up cookies and lemonade along with Holiday Cheer! Each resident received a stocking filled with donated personal care products and of course a candy cane! A great time was had by all!! **Be sure to check out the pictures of our visit on Facebook – don't forget to LIKE what you see!**

[www.facebook.com/GFWCWomansClubOfNewTampa](https://www.facebook.com/GFWCWomansClubOfNewTampa)

We are looking forward to seeing everyone at our **Holiday Party and Silent Auction on December 15<sup>th</sup>**. If you haven't already, please RSVP to the Evite, and don't forget to send in your auction item details to Elaine Jones by Monday December 12<sup>th</sup> ([emcj@verizon.net](mailto:emcj@verizon.net)). This is sure to be a wonderful evening, with fabulous food, fun friends, and fundraising for HeartFELT.

And please don't forget to do some holiday shopping at Kendra Scott on December 16<sup>th</sup> and 17<sup>th</sup> – use Promotion Code **GIVEBACK-CISRQ** when shopping online – 20% of your purchase will be donated to GFWC Woman's Club of New Tampa. If you prefer to shop in person, the store is located in Hyde Park; visit during the hours of 11:00-1:00 on Saturday December 17<sup>th</sup>; 20% of sales during this time period will also be donated to the club by Kendra Scott. This is our major fundraising event of the year; an opportunity for you to help raise money for the club as you do your holiday shopping!

**Wishes to you all for a wonderful Holiday Season, and a Happy, Healthy New Year!**

Your Sister in Service,

*Pam Anderson*  
President

### Important Dates to Remember:

**December 12**  
Trinity Café

**December 15**  
Silent Auction &  
Holiday Party

**December 16-17**  
Kendra Scott  
Fundraiser



**January 10<sup>th</sup>**  
Trinity Café

**January 18<sup>th</sup>**  
Member Meeting  
Kimberly Bragg-  
Armatrout  
Healthy Eating &  
Cooking with Herbs

**January 22<sup>nd</sup>**  
Tennis Fundraiser

**January 25<sup>th</sup>**  
BUNCO Night  
Fundraiser



**December Birthdays**

Mary Beth Prociuk

## *From Our Vice-President of Programs and Projects:*

### From the Planning Desk of Joyce Mathisen

As 2022 comes to a close and 2023 is about to begin I think back on all the friendships, volunteerism, and activities I've been a part of through GFWC Woman's Club of New Tampa. I want thank you all for being the best part of our club. I look forward to continuing our positive growth and spirit in the new year and beyond.

We have a packed calendar and more things are being added daily. If you haven't already booked marked our website calendar <https://gfwcwomansclubnewtampa.com/events/>, liked us on Facebook, and added our Instagram page you may be missing out on a fun event.

**We are working on a cards and care package event for the Military in April. Does anyone have a family member, friend, or friend's child that is in active military whose unit we can send a care package? Or do you have any other contacts? Please email me [jmathisengfwc@gmail.com](mailto:jmathisengfwc@gmail.com).**

Here is a quick summary of our upcoming events for December through February. For more information, please review our **Calendar of Events** on our website: <https://gfwcwomansclubnewtampa.com/events/>

#### December:

Monday, December 5th @ 2:00 PM - Colonial Assisted Living Holiday Party

Tuesday, December 6th @ 10:30 AM - Victorian Christmas Stroll Henry B. Plant Museum

Wednesday, December @ 7th 5:00 PM - Busch Garden's Christmas Town

Monday, December 12th @ 11:00 AM to 1:00 PM - Trinity Cafe

Thursday, December 15th @ 6:30 PM - Silent Auction / Holiday Party \*You should have received an Evite - please respond

December TBD - Book Wrapping Event for Heart Felt Kids

Friday & Saturday, December 16th - 17th Online & Saturday December 17th in person @ 11:00 AM to 1:00 PM Kendra Scott Fundraiser & Luncheon

#### January:

Tuesday, January 10th @ 11:00 AM to 1:00 PM-Trinity Cafe

Wednesday, January 18th @ 1:00 PM-General Meeting: New You, New Us, Renewed GFWC Spirit: Speaker Kimberly Bragg-Armatrout (New You) Hillsborough County Extension-Healthy Eating Cooking with herbs-including a paper bag drying technique for herbs demo

Sunday, January 22nd Tennis Fundraiser

Wednesday, January 25th @ 6:00PM-BUNCO Night Fundraiser

#### February:

Friday, February 10th @ 11:00 AM to 1:00 PM-Trinity Cafe

Monday, February 13th 3:00 PM-Colonial Assisted Living Valentine Party

Monday, February 13th @ 5:00 PM-Galentine Day Dinner @ Rock & Brew

Wednesday, February 15th-General Meeting - Is all about caring "Heart Month"

Speaker executive director Jennifer Starr, Kelsey Grimmer, and their newest facility dog Barley from Voices for Children will come to speak about their work.

TBD February Women Heart Awareness Month - American Heart Association Walk

*Thank you for being the most important part of GFWC Woman's Club of New Tampa.*

*Best*

*Joyce Mathisen*

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*From Our Vice-President of Membership:*



Thank you to everyone for inviting friends/neighbors to our meetings and events and for being so welcoming to our newest members. Your efforts have allowed our club to almost double in memberships since August!

I look forward to seeing our membership grow even more in 2023!

2023

*Lisa Sklet*

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*From Our Treasurer:*

### Treasurer Report Joyce Mathisen

On November 18th Pam Anderson, Theresa Bogushesky, and I attended a District 8 Recording Workshop hosted by us and Dade City. It was highly informative. There are many opportunities on a District and State Level by reporting things we do as an organization that I was unaware of prior to the workshop. District 8, our district, wins many awards on a state level from this reporting.

We've always reported in the past. This would take our reporting to the next level. *So why are we adding more work?* I'll give you two of my reasons. I am incredibly proud of the GFWC Woman's Club of New Tampa and I want to let everyone at GFWC know about the work we are doing! The second is we are part of a greater whole; GFWC, on a national level, lobbies to influence the Federal Government; I invite all of you learn more by visiting this website <https://votervoicenet.org/GFWC/home>. AND GFWC has a seat at the UNITED NATIONS. Our data is compiled with all the other GFWC Women's Clubs across the country as validation of our all our volunteer spirit which opens doors.

Bank Reconciliation:

Bank Statement Balance 10/31/22 \$6,145.41

Additions:

2 Membership Deposits \$150.00  
GFWC Grant \$50.00  
Amazon Smile \$11.15

Total Additions \$211.15

Deductions:

Donation Alzheimer Walk \$50.00  
Joyce Mathisen Trinity-Candy Canes \$21.50  
Joyce Mathisen Colonial-Socks & CC \$167.65  
Water Bottles-Recording Meeting \$4.50  
Theresa Bogushesky Trinity-Socks \$206.05  
Lisa Sklet-Kind Bars \$24.95

Total Deductions \$474.65

Add Back Check not cashed:

Lisa Sklet-Kind Bars \$24.95

Bank Statement Balance 11/30/2022 \$5,906.86

*Joyce Mathisen*

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*From Our Vice-President of Communications:*

*We have several ways to help you keep you up to date on our club news:*

- **Newsletters:** Newsletters are emailed to you monthly about one week before our member meeting.
- **Member Meeting Minutes:** Meeting minutes are emailed to you about a week after our member meeting.
- **Web Site:** <https://gfwcwomansclubnewtampa.com/>
- **Facebook:** <https://www.facebook.com/GfwcWomansClubOfNewTampa/>

*If you have pictures and/or event details to share for the newsletter, Facebook, or web site, please forward them. Please try to write a brief description for the pictures sent.*

*Facebook: Elaine Jones [emcj@verizon.net](mailto:emcj@verizon.net)  
Website: Joyce Mathisen [jmathisengfwc@gmail.com](mailto:jmathisengfwc@gmail.com)  
Newsletter: Pam Anderson [pjahappy54@gmail.com](mailto:pjahappy54@gmail.com)*

*Tammy Griffith*

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## *From Our Parliamentarian: (and Social Media Committee Member)*

**I am very excited to Announce that we have a new Instagram account!** Now keep in mind it is still a work in progress as I figure out ways to include pictures of our activities and community outreach! To find it you just need to go to Instagram App on your phone or to Instagram.com and type in NewTampaGFWC in the search bar and you will be taken straight to our page. Feel free to share pictures or flyers for upcoming events or past ones with me and I will be happy to add them to the account. My email is [tbogushesky@verizon.net](mailto:tbogushesky@verizon.net) and cell number is 703-405-8305.



*Theresa Bogushesky*

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## *WOMAN'S HEALTHY LIVING ADVICE (contributed by Joyce Mathisen)*

As the holidays role around it's not easy to maintain a healthy diet. This article gives healthy and yummy options for your guests to enjoy that could help prevent diabetes and dementia!

<https://www.eatingwell.com/article/7933867/the-snack-to-limit-to-reduce-dementia-risk/?did=880442-20221205>

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## *Thank you to our December Volunteers for **Living the Volunteer Spirit:***

*Colonial Assisted Living Facility Holiday Party: Janet Amendola, Pam Anderson, Linda Bocage, Geri Burke, Janie Gaglione, Tammy Griffith, Elaine Jones, Mary Jones, and Lisa Sklet*

*Trinity Café: Janet Amendola, Pam Anderson, and Joyce Born*





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## The More You Know...

We would like to encourage each member to visit our **GFWC Florida** website: [gfwcflorida.org](http://gfwcflorida.org). The site provides a great deal of information about the GFWC Woman's Clubs; the current projects and goals provided by our state leadership, as well as news and happenings of all the GFWC Woman's Clubs throughout Florida. Under Member Resources, you will find a detailed synopsis of each of our CSP's (Community Service Programs) objectives and ideas to help us have an impact in each of these community service endeavors. There is *also a free weekly newsletter – Florida Clubwoman - to which you may subscribe*; if you wish to extend your participation beyond the monthly club meetings and activities.

For more information and a greater understanding of the **General Federation of Women's Clubs**, please visit their website [gfwc.org](http://gfwc.org). You may subscribe to receive their free weekly e-newsletter "*News and Notes*", along with the **GFWC Clubwoman Magazine**, which is published quarterly (all issues available in the Member Portal).

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### *FUNDRAISING, CONSERVATION, COLLECTIONS*

#### *What is Amazon Smile?*

Amazon Smile is a wonderful way to support our organization with no additional cost to you. It offers the same prices as Amazon.com but will donate a portion of the purchase price of items labeled "Eligible for Amazon Smile donation" to our club. You can use the same account as on Amazon.com to do your shopping, and account settings will remain the same. Use the link to make your first purchase, and make sure to name GFWC Woman's Club of New Tampa as your organization! <https://smile.amazon.com/ch/27-4593142>

#### *Conservation Collections:*

Aluminum pop tops and used printer cartridges. The items collected will be given to the Shriners, American Girls, and Junior's Club. Empty prescription pill bottles – Please remove the labels! The bottles will be donated to our local animal shelters. Please bring your collections to the monthly Member Meeting. *Chair: Elaine Jones [emcj@verizon.net](mailto:emcj@verizon.net)*

